

### York Area Senior Center June 2021 Newsletter

725 Nebraska Ave York NE 68467 402-362-2496

Email: office@yorkareaseniorcenter.com Website: www.yorkareaseniorcenter.com

ONGOING ACTIVITIES Hours: 9:00-4:00 Mon-Wed-Fri 9:00-12:00 Tues-Thurs

**COFFEE:** Is Always On

SNACKS: Available each day

POOL ROOM: Open

Mon-Fri During Open Hours

**COMPUTER LAB:** Available to those 55-years and older

**CARDS & GAMES** 

Bridge & Dominoes:

Monday @1:00

Pinochle:

Wednesday @1:00

Pitch:

Friday @1:00

(Reserve rooms for a card group during open hours by calling)

#### **POTLUCK DINNERS**

Temporarily discontinued due to covid

#### **WORKS IN PROGRESS**

Crochet, knit, needlework, sewing, etc. Tuesday mornings 9:30-11:00

#### **BOARD MEETING**

2nd Monday of the month @1:15

#### **EXERCISE CLASSES**

Mon & Wed 10:30-11

#### SENIOR AGING MEALS

information is available by contacting York County Aging Services

#### FOOT CLINICS

Appointment Required Call York County Aging Services



York Area Senior Center Is Pleased To Announce New Extended Hours: Mon-Wed-Fri 9:00-4:00 Tues-Thur 9:00-Noon

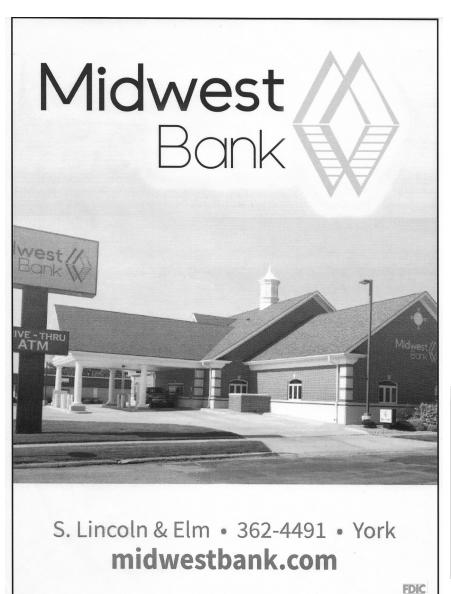
Congregate Meals Are Being Served @11:30 In The Dining Room Call York County Aging Services To Schedule a Meal 402-362-7626

#### Concerning Afternoon Hours At The Senior Center

The Center Is Now Open On Mon-Tues-Wed 9:00-4:00 and Tues & Thur From 9:00 Until Noon. To Be Able To Start Opening Tuesday And Thursday Afternoons We Need Additional Volunteers To Sign Up To Be A Host/Hostess. Thank You

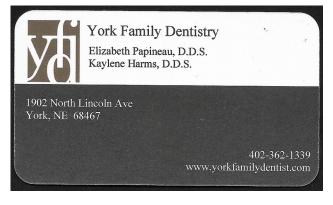
#### **Needed: 2 Volunteers**

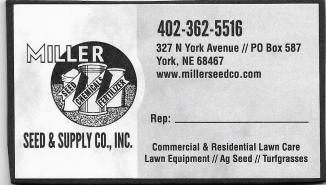
YASC needs a volunteer to manage The Clothes Closet and a volunteer who enjoys scrap-booking to organize pictures and articles about our center. Please talk to Sandra and/or Keith or Dave.













Enjoy Stories About The History Of
The York Area
Presented By Nancy Beach
With The Anna Palmer Museum
Third Thursday Of The Month
At 10:00
Then Enjoy A Meal At Our
Facility At 11:30



401 Lincoln Ave. Ste 2 York, NE 68467 308-624-3939 Opt 2

Providing care and support to York and surrounding communities for over 15 Years.



## Building On ... Convenient Banking



#### Bank Anytime, Anywhere.

Cornerstone Bank offers more online services than any other bank in the area. Access your accounts, view balances, transfer funds, even pay bills day or night, any day of the week from your computer, tablet or mobile phone. Message and data rates may apply.

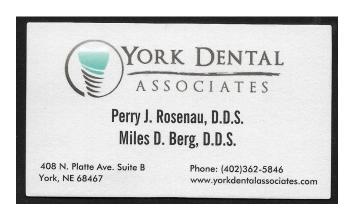


#### Bank on a Solid Foundation



cornerstoneconnect.com









402-745-6279

309 S Lincoln Ave York NE 68467 M-F 8:00-8:00 Sat 9:00-5:00 Sun 11:00-5:00



Let's Keep Moving By Attending The Chair Exercise Class Taught By York General Wellness Center Mon & Wed @10:30



#### Hometown Loyal, Hometown Proud

311 Lincoln Ave. York, NE

402.362.5526

Open 7 Days A Week grandcentralfoods.com

We deliver!

Are You 55 Or Older? Then You Can Enjoy All Of The **Amenities Available At Your Local Area Senior Center** 

- \*Event Rooms For Rent-Full Kitchen Available
- \*Computer Lab W/Printer & Copier
- \*Pool Room-Join The Monthly Tournaments
- \*Cards/Games-Dominoes Bridge Pitch Pinochle And More
- \*Exercise Classes Provides by YGH Wellness Center
- \*Knitting-Crocheting-Needlework Group
- \*Hot Noon Meals Provided By York County Aging Services
- \*Clothes Closet Offers Men's & Women's Used Clothing
- \*Large Flower Room For Designing Floral Arrangements



Amana \* Maytag \* Frigidaire \* Watkins \* Samsung \* Malouf Restonic \* Spring Air \* Whirlpool \* Kitchen Aid \* Powell \* Bosch Speed Queen \* Best Home Furnishings \* Sunny Designs \* LG \* Catnapper

"SALES AND SERVICE" 220 E. Nobes Rd. York, NE 68467



1-888-832-5569 402-362-5569 lichtitvapp@windstream.net

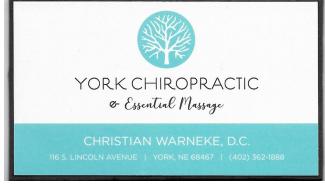
MAX LICHTI DARLENE CALDER GLENDA WALKER DEB FRIESEN

**DARIN LICHTI** MYRA HILLMAN



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# Take The Next

Orthopaedic Surgical Care Close to Home

- Dr. Scott Bigelow and Dr. Douglas Koch are Board Certified in Orthopaedics and treat patients of all ages
- Joint Replacement Surgery
- Knee and Shoulder Scopes

Step

YORK GENERAL

- · Hand, Foot & Ankle Surgeries
- Fractures & Sprains
- · Rotator Cuff & ACL Repair
- Sports Injuries

Access to care close to home is important in ensuring better healthcare outcomes.

Consider York General for your orthopaedic surgical needs.

Call Jeana Fricke, York General Total Joint Coordinator, 402-362-0489.

#### Did You Know....

Roses are the official flower for Father's Day. A red rose is worn in the lapel if your father is living, a white rose if he is deceased.

Father's Day is celebrated most places on the third Sunday in June, but not everywhere. In Spain and Portugal, for instance, fathers are honored on St. Joseph's Day on March 19. In Australia, it's the first Sunday in September.

This is a big day for the 70.1 million fathers in America. Nearly 95 million Father's Day cards were given last year in the United States, making Father's Day the fourth-largest card-sending occasion.

Sons and daughters send 50 percent of the Father's Day cards to their dads. Nearly 20 percent of Father's Day cards are purchased by wives for their husbands. That leaves 30 percent of the cards which go to grandfathers, sons, brothers, uncles and "someone special."

Today, some of the most popular Internet searches connected to the day include "father's day recipes", "Father's day poems", and "father's day crafts."

More than 85 million Americans participated in a barbecuelast year — it's probably safe to assume many of these barbecues took place on Father's Day.

Our Love Is Being Special



Sent To All Fathers On This Day!